

National Health Care Decisions Day, April 16, 2010

By Rudy Wartella

We are only a week away from National Healthcare Decisions Day (HCDD).

The Department of the Army has produced a video entitled "**Taking Care of Business.**" Portions of this video explain the importance of various healthcare decision documents. Healthcare Decisions Day is the perfect time to review your current healthcare decisions documents or, if you do not currently have healthcare decision documents, to learn more about them and ensure your decisions, whatever they may be, are properly recorded for your loved ones.

The links to the various chapters of this video are provided below. Please take the time to review the various chapters which only take from 40 seconds to just less than 5 minutes to view. These short clips will help you better understand legal documents important to protecting you and your family. If you decide you would like any of the legal documents explained below, please visit our Legal Assistance office and we will help produce these documents for you.

This video is required as part of the Deployment Cycle Support process, but Soldiers are encouraged to watch these videos before they are on orders to deploy...when they really have time to take care of your personal and family business.

As mentioned, the links are below, but the video and the personal readiness checklist can also be found at the Army G1/Deployment Cycle Support website at <http://www.armyg1.army.mil/DCS/training.asp> (under train-up/preparation).

Please use HCDD as an opportunity to review your estate plan. You can learn more about HCDD by clicking www.nationalhealthcaredecisionsday.org. As always, if you want to make healthcare decision documents, have a Will, or Power of Attorney prepared, you may contact the Torii Station Legal Assistance Office at 644-4332.

- **"Taking Care of Business" Predeployment Individual Chapters**

- Introduction - 4:46 min.
- DD Form 93 - 3:14 min.
- SGLI - 1:04 min.
- Advanced Medical Directive - 1:49 min.
- Last Will & Testament - 1:39 min.
- Trusts - 0:40 min.
- Powers of Attorney - 2:03 min.
- Summary - 3:06 min.